



ITF/CAT HIGH PERFORMANCE TRAINING CENTRE OF MOROCCO

• CREATION

Created on 6th August 2013 as a union between INTERNATIONAL TENNIS FEDERATION, CONFEDERATION OF AFRICAN TENNIS AND FEDERATION ROYALE MAROCAINE DE TENNIS

• CONCEPT OF THE CENTRE

- To help young African tennis players reach their full potential both on the court and academically.
- To win local and international events.
- To get a US college scholarship and possibly play full time professional tennis.
- To educate African coaches working closely with their National Associations

• CRITERIA TO BE SELECTED

| AGE | RESULTS | RESULTS | CAT 14&U | RESULTS | RESULTS | RESULTS | RESULTS | ITF RANKING | AFRICAN POSITION IN | General criteria | |
|-----|----------------|--|----------------------------|----------|----------|----------|---------|-------------|--------------------------------|---|--|
| | 12&U Talent id | 12&U Team Champs | RANKING | AJC 14&U | AJC 16&U | AJC 18&U | Zonals | | | | |
| 12 | Top 16 | 60% W/L ratio at No 1 80% W/L ratio at No 2 | Compete in 14&Under events | | | | | | | | |
| 13 | | | Top 16 | Top 16 | | | | Top 8 | TOP 10 in Age Group | * National Associations should be financially committed. * Parents should be actively involved in the players progress. * New players should be in the correct grade relative to their age. * Players should maintain passing marks at school. * Fitness testing parameters should be met (relative to age). * Players should demonstrate 100% commitment. | |
| 14 | | | Top 10 | Top 10 | | | | Top 6 | Have a ranking | | |
| 15 | | | | | Top 16 | | | Top 8 | Top 1400 Boys / top 1200 Girls | | |
| 16 | | | | | Top 8 | | | Top 4 | Top 900 Boys / top 700 Girls | | |
| 17 | | | | | | | Top 8 | | Top 500 Boys / top 400 Girls | | |
| 18 | | | | | | | Top 8 | | Top 300 Boys / top 250 Girls | | |

• PROGRAMS :

• PROGRAM 1: YEARLY BASIS

- 25 full-time players
- The centre hosts many Best Africans
- players ages between 12 & 20 YO

• PROGRAM 2: WEEKLY BASIS

- 10 visitors preparing professional Competitions

• PROGRAM 3: TOURING BASIS

- Touring teams preparing competitions in Morocco

• DAILY PROGRAM :

- The daily program from Monday to Saturday is as follow:

- 8h00 – 10h00 Schooling
- 10h30 – 12h30 Tennis / Fitness
- 12h30 – 14h00 Lunch
- 14h00 - 16h30 Tennis / Fitness
- 17h00 – 18h30 Schooling
- 18h30 – 19h00 Diner
- 19h00 – 21h00 Schooling
- 22h00 Sleep
- Saturday (if no competition) :
- 10h00 – 12h00 Tennis

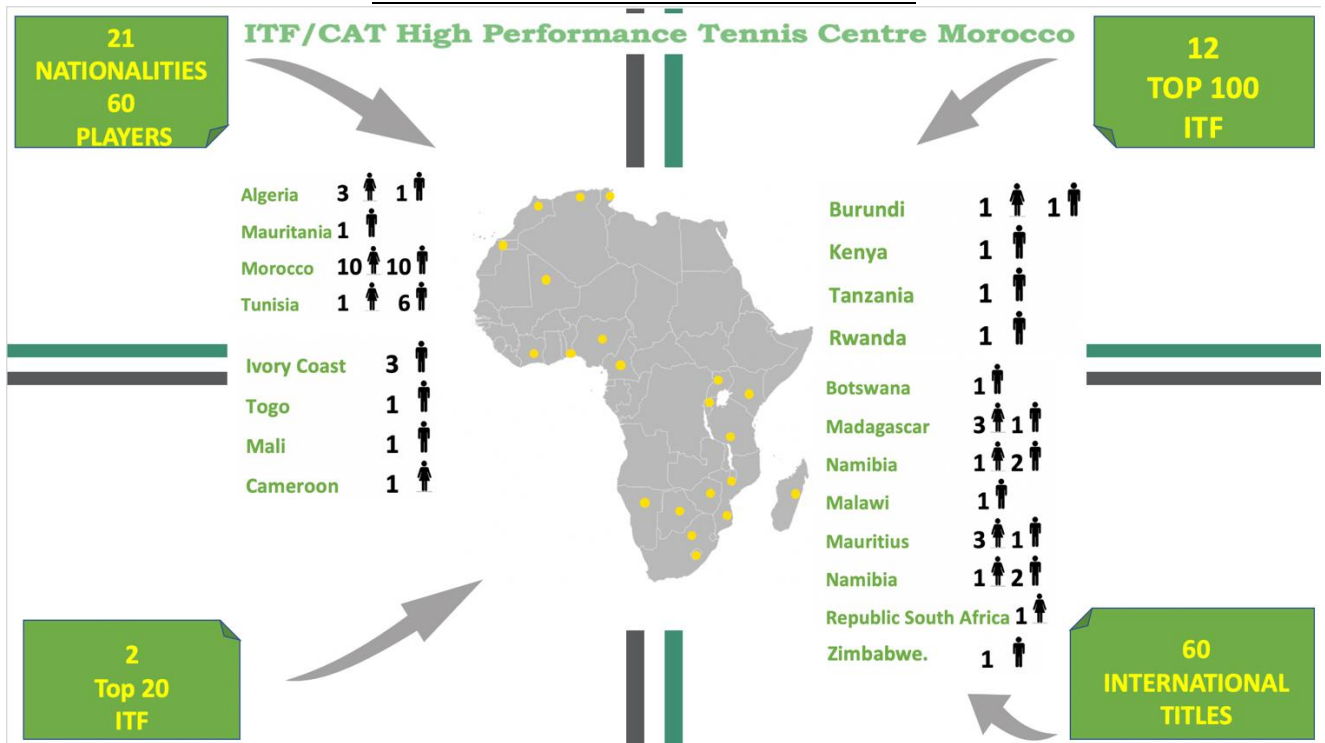
• SCHOOLING :

- Starting from September 2014, we have adopted online schooling as follow:

- English speaking: Ed Option Academy

- French speaking: CNED
- The schooling is outsourced to a company in charge of affording teachers
- **Competition :**
- Yearly all the Centre's players play in average
 - 15 weeks of international events
 - 10 weeks of local competitions
- An average of 70 matches in singles and 30 in doubles
- The staff coach yearly around 1600 matches in competitions
- **Staff :**
 - Technical
 - 1 Head Coach
 - 4 Qualified tennis coaches
 - 2 Physical Trainers
 - High experienced coaches part time who visite the centre
 - Administration
 - 1 Director
 - 1 Intendant
 - 1 Cook
 - 2 Housekeepers
 - Medical team 3 times a week and on emergency composed by:
 - 1 Doctor - 1 Physio - 1 Chiropractor - 1 Cardiologist - 1 Podiatrist
 - From ITF London office: Mr Frank Couraud
 - From CAT office: Hichem Riani & Issem Essais
 - Aziz Laarraf vice president of the FRMT & CAT representative in Morocco our regular adviser
 - Development officers for East & Southern Africa
 - Teachers team afforded by Mon Coach Scolaire: 8 teachers

THE CENTRE SINCE THE BEGINNING



Youtube presentation: <https://www.youtube.com/watch?v=mQ0ENQOuGn8&t=130s>

ITF/CAT East Africa Training Centre

The East African Training Centre started in Bujumbura, Burundi in 2011. The aim of the Centre is to grow and develop tennis within Africa primarily focusing on tennis players be it boys or girls, under the age of eighteen years. The Centre offers a unique opportunity to players within East and Central Africa, to grow and harness their skills in Tennis.

Due to the volatile political climate in Burundi, the Centre was moved to Nairobi Kenya in 2015 for a three month trial period after which it was officially relocated to Kenya and has remained within the Upper Hill area in Nairobi to date.

A typical day for the players involves a rigorous training schedule in tennis coupled with morning and evening lessons with their teachers on their online school platform. The players at the Centre travel within and outside Africa for tournaments and also participate in their respective Nation's tournament as and when requested to do so.

The objectives of the training Centre is as below;

- **Vision** - Help Young African tennis players achieve their full potential both on and off the court
- **Mission** - Win local and International junior tournaments. Work closely with National Associations to develop coach education and player development
- **Core Values** - Discipline, Respect, Integrity and Professionalism
- **Motto** - Attitude is everything

The training Centre is a player development program and as such, players are selected to be in the program at an early age preferably at 13 or 14 years of age. Exceptionally talented players are eligible even at a younger age; the youngest player selected at the Centre was ten years of age.

Normally the player is selected through talent identification and or scouting after which, the player through his or her respective Federation is selected for a one month scholarship program at the Centre.

The player is expected to bring with him or her, the following;

- Fill in an application form expressing interest to attend the one month trial
- Pay the partial scholarship fee of USD 550 **before or upon arrival**.
- A copy of their latest school results and grade to assess the viability of the player joining the school program offered at the Centre
- Return Air Ticket covering the duration of the one month trial as stipulated in the acceptance letter
- Valid national passport and visa where applicable
- Yellow fever: valid for the year the one month trial is conducted
- National Federation consent letter; letter to consent the player to be at the player for the one month trial
- Both parent consent letters: both parents IDs attached, the letter and IDs to be approved (stamped and signed) by the necessary authorities allowing the player to be at the Centre for the one month
- Unabridged birth certificate (certified birth certificate by authorities)
- Unaccompanied Minor Fees - air tickets. Hostess fees enough to cater any return trip to home country; this should always be paid on the tickets or the player given pocket money to facilitate payment as and when need be
- Extra luggage fee
- Laptop (in good condition) for school or reading materials for the player as per his or her school program
- Medical certificate; tests run in home country to confirm that the player is 100% fit
- Pocket money ; for personal use

After the one month trial period is over, the Federation is sent an evaluation report stating whether the Centre would like to have the player at the Centre for the one year full scholarship or not.

Those that do qualify for the one year full scholarship, the requirements remain the same for the player as above with a few amendments as follows;

- Pay the National Association Levy **before or upon arrival** a total of USD 3,000 for the year
- Read and sign the acceptance of invitation to join the Centre and return it to the ITF Centre ideally before arrival

- Read and sign the rules of the Centre and return it to the ITF Centre
- A copy of their latest school results and grade. We advise to scan the documents and send a copy prior to the arrival (certified by the school or as required by the providers of the education program at the Centre). It is important that this is done prior to the player arriving at the Centre for the one year scholarship program
- Secure sport visa multiple entries prior to arrival if needed.
- Purchase the air ticket (open return air ticket) from home country to Nairobi, Kenya.
- Valid national passport: has enough pages and can sustain the respective year of the scholarship
- Yellow fever: valid for the year the scholarship has been offered
- National Federation consent letter; letter to consent the player for the Centre activities in the year the scholarship has been offered. The letter must also include the names of the coaches and that the player can travel with any of them for tournaments outside Kenya
- Both parent consent letters: both parents IDs attached, the letter and IDs to be approved (stamped and signed) by the necessary authorities for the year; letter to consent the player for the Centre activities in the year the scholarship has been offered. The letter must also include the names of the coaches and that the player can travel with any of them for tournaments outside Kenya
- Return air ticket; ticket showing that they will go back to their home country (for the holidays come next tennis calendar)
- Colored passport photos: for application of visas not less than 12 preferably white background and with both ears visible
- Laptop (in good condition) for school purposes for the year
- Pocket money ; for personal use for the year

The player will be expected to meet key performance deliverables both in tennis and school during the year. The general conduct or attitude of the player also plays a major role in the assessment of the player at the end of the year.

It is essential right at the onset that the player understands this fully and is ready to put in the work to meet the required deliverables and or expectations set out.